### About Us

Born from a spirit of community advocacy in 1994, Murray Mallee Aged Care Group continues to provide in-home services, social support and a retirement living village for seniors in the rural and remote regions of the Murray Mallee and Riverland.

#### Our care with a community heart now also embraces the Adelaide metro area.

We proudly offer Level 1 to 4 Home Care Packages (HCPs) to our local seniors, Aboriginal communities (under the Tumpinyeri Program), and anyone in need of a helping hand to maintain independence. Our HCPs are operated under the Consumer Directed Care model, where our support workers all hold a Certificate III in Aged Care, First Aid, and a police clearance.



## Further Information

To find out more about our organisation, please contact us:



# Social Support

Only available for Regional Services



### Our Vision

To redefine and liberate this stage of life, with friendly, family-like in-home aged care services. Call us on 08 8532 2255 Visit our website murraymallee.org.au/regional Email us via reception@murraymallee.org.au Our regional office PO Box 1315 Murray Bridge SA 5253



#### Individual Support

Human connection is invaluable at every age, but especially in senior years. Enjoying an active, supportive, and connected social life is essential for your overall wellbeing. Whether it's company at home, attending an event or help with errands, you'll always have a companion.

#### Social support services include:

- Home visits
- Social outings
- Assistance with shopping
- Paying bills, banking, and sending mail
- Support attending appointments
- Private transport

We help you enjoy your days and stay active in the community.

To learn more about Social Support services, visit **My Aged Care** and call **1800 200 422** to complete an assessment.

### Group Support

#### Seniors Bus Trip

Join us for a monthly excursion especially tailored for individuals aged 65+ who are beneficiaries of the Commonwealth Home Support Package.

Embark on new adventures and create lasting memories with the Murray Mallee Aged Care Group! Each month, we explore charming destinations across South Australia, giving our community members the chance to discover new sights and make new friends. Our bus trips typically run from 9 am to 3 pm, though this may vary depending on the destination, and may involve some walking and stairs. Participants should be independent. For a small fee, you can enjoy these delightful journeys packed with fun, friendship, and unforgettable experiences.

For more information or to reserve your spot on our next adventure, please call us at

#### (08) 8532 2255

